

## **PERSONAL PROFILE/CV/BIODATA**



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**Department:** Philosophy

**INSTITUTION:** Kabi Joydeb Mahavidyalaya

**Date of Birth:** 12. 07. 1994

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**Qualification:** M.A., M.Phil., Ph.D,

**Teaching Experiences:** Under Graduate Level- from  
7 September 2018 onwards

### **Areas of Interest:**

Indian Philosophy(Sāṃkhya-Yoga, Vedānta Philosophy, Upaniṣada), Classical Yoga, Modern Yoga, Yoga-Ancient Thinker & Modern Practice. Western Philosophy.

## PUBLICATIONS

### Research Papers and Articles published in Journals:

Title with page no.	Journal	Year of Publication	Volume & No.	ISSN/ISJN/DOI No.	Status of the Journals
Prāṇāyāma in Patañjali's Work- A Yogic Way to Enhance Vital Energy, PP- 159-163	International Journal of Humanities & Social Science Studies (IJHSSS)	March 2021	Vol.-VII, Issue:II	ISSN: 2349-6711, ISJN: A4372-3143	International
অষ্টাঙ্গযোগ-এ নৈতিকতার প্রাসঙ্গিকতা—একটি সমীক্ষা PP- 69-76	International Journal of Humanities & Social Science Studies (IJHSSS)	May 2021	Vol.-VII, Issue-III	ISSN: 2349-6711. ISJN: A4372-3143	International
Yoga and Mental Health: A Brief Exposition, PP- 119-123	International Journal of Multidisciplinary	February 2022	Vol.-07 No.02	ISSN: 2455-3085, DOI-10.31305/rrijm.2022.v07.i02.021	International
The Role of Patanjali Yoga in Communication: A Critical Study, PP- 01-04	International Multidisciplinary Research Journal	February 2023	Vol.-10 No.02	ISSN: 2349-7637, DOI-10.53573/rhijmrj.2023.v10n02.001	International
A Critical Assessment on Essential Unity of Religions with Special Reference to Bhagwan Das and Ananda K. Coomaraswamy, PP- 06-08	Global Journal of Diversity Studies	2023	Vol.-2, Issue-1	DOI- <a href="https://doi.org/10.5281/zenodo.8285156">https://doi.org/10.5281/zenodo.8285156</a>	International

**Paper presented in National/ International seminar**

<b>S.N.</b>	<b>Title of seminar etc.</b>	<b>Title of the paper</b>	<b>Organized by</b>	<b>Date</b>
<b>1.</b>	International Workshop-cum-Seminar on Different Asian Schools Of Rajayoga For Human Excellence	Prāṇāyāma in Patañjali's Rājayoga	Ritambhara Prajna & Department of Sanskrit, Jadavpur University, Kolkata	3 <sup>rd</sup> to 5 <sup>th</sup> January 2020
<b>2.</b>	National Seminar on Philosophy of Man and Environment	Patañjali Yoga: The Way of Living	The Department of Philosophy, Government General Degree College. Manbazar-II	24 <sup>th</sup> February, 2020
<b>3.</b>	International Seminar on Indian Metaphysics and Epistemology: Rethinking and Revisiting	Patañjali Yoga: Navigating the Jeopardous World with Inner Balance and Resilience	Department of Philosophy, Bankura University, Bankura	23 <sup>th</sup> & 24 <sup>th</sup> , August, 2022
<b>4</b>	National Seminar on Exploring the Depths of Contemporary Indian Philosophical Thoughts	Comparative Analysis on Patañjali Yoga and Vivekananda's Rāja Yoga: Exploring Philosophical Principles and Practical Applications	Department of Philosophy, Kabi Joydeb Mahavidyalaya, Illambazar, Birbhum	22 <sup>th</sup> July 2023